

CERTIFICATE

OF PARTICIPATION

This is to certify that

Bedan Nyaga GITHAE GITHAE

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 02:09:33

PACE 09:57/km

OVERALL 94 of 108

GENDER 62 of 69

50 - 59 8 of 9

27 January 2019, Sun

Date



BoutTime